

### Avoid distracted driving

Drivers should always give their full attention to the road – this means staying off the phone, not eating, playing with the radio, etc. Plan ahead, pull over or ask a passenger to help.

# Leave early and plan for congestion

It's important to allow for delays and construction - be patient, allow for extra time to break and try to avoid rush hour times if possible.

# Prepare for long distance travel

This includes regular preventative maintenance - checking all tires, lights, belts, hoses, fluids and windshield wipers.

#### Watch for others on the road

Holidays mean increased congestion so drive slowly, be aware and patient and give yourself plenty of time and distance to react to the traffic around you.

#### Be mindful of trucks

Avoid cutting in front of trucks as their break time is increased and be aware of their blind spots.

